

Southwest Dressing



Estimated Time: 5 mins

Nutrition Per Serving

4 servings (2 Tbsp per serving)

Calories	180
Protein	0.1g
Total Carbohydrates	2.2g
Net	2.1g
Sugar	1.8g
Fiber	0.1g
Total Fat	19g
Saturated Fat	2.6g
Polyunsaturated Fat	1.9g
Monounsaturated Fat	1.3g
Trans Fat	0g
Cholesterol	0mg
Minerals	
Sodium	61mg
Potassium	20mg
Phosphorus	3.8mg
Calcium	4.9mg

Recipe provided by
Chef Duane

Ingredients

- 1/3 cup olive oil
- 3 tablespoons balsamic vinegar
- 2 teaspoons dijon mustard
- 1 teaspoon Taco Seasoning (see recipe card)
- 1/2 teaspoon paprika
- 1/4 teaspoon smoked paprika

Directions

1. Combine olive oil, balsamic vinegar, dijon mustard, Taco Seasoning (see separate recipe card), paprika and smoked paprika in a small bowl.
2. Whisk ingredients together until smooth.
3. Complete your Southwest Grain Bowl with this easy-to-make dressing!

Disclaimer: Please be advised that some of these foods may contain wheat/gluten, milk, eggs, peanuts, tree nuts, fish, shellfish, soy or other foods that may cause allergic reactions in some people. Please contact your healthcare provider if you are concerned about food allergies or other food-related reactions such as food sensitivities.