

Southwest Dressing

THE
NephChef™



Estimated Time: 5 mins

Nutrition Per Serving

4 Servings

Calories.....	730
Protein.....	0.99g
Total Carbohydrates	11g
Net	9.49g
Sugar.....	7.6g
Fiber	1.6g
Total Fat	75g
Saturated Fat	10g
Polyunsaturated Fat	8.159g
Monounsaturated Fat	54.36g
Trans Fat.....	0g
Cholesterol	0mg
Minerals	
Sodium.....	319mg
Potassium.....	156mg
Phosphorus	26.87mg
Calcium	30.95mg

*Recipe provided by
Chef Duane.*

Ingredients

- 1/3 cup olive oil
- 3 tablespoons balsamic vinegar
- 2 teaspoons dijon mustard
- 1 teaspoon Taco Seasoning (see recipe card)
- 1/2 teaspoon paprika
- 1/4 teaspoon smoked paprika

Directions

1. Combine olive oil, balsamic vinegar, dijon mustard, Taco Seasoning (see separate recipe card), paprika and smoked paprika to a small bowl.
2. Whisk ingredients together until smooth.
3. Complete your Southwest Grain Bowl with this easy-to-make dressing!

Disclaimer: Be sure to speak with your doctor if you have food allergies, food sensitivities (non-IgE reactions), are unsure of an ingredient in this recipe or have specific diet restrictions.